

August 11, 2023



Southold Recreation News



Preview Fall Programs Now Registration Opens August 16, 2023 at 10 AM

at the Southold Town Recreation Center

With only a few weeks left before Labor Weekend, it's time to start thinking about the ways you will keep active and busy during the fall. We hope you include some Recreation Department programs in your plans. We have some fun things planned, and you can **PREVIEW** them on the portal right now, and be ready for Registration Day, coming at **10 a.m.** on **Wednesday, August 16, 2023.**

Here are some highlights:

- Morning Stretch and Senior Bootcamp with Grace Rowan start September 19th, and we are bringing back her Tabata on Wednesday evenings.
- Yoga and Chair Yoga programs will be led by Steve Schwab.
- Tai Chi instructor Alan Stewart will lead a new Blackjack Workout program.
- Crocheting will give you a creative outlet and maybe get you started on homemade holiday gifts.
- Aromatherapy will help you feel better.
- Line Dancing with DJ Lady T is back and bigger than ever.
- And of course, we have Pickleball! As well as Adult Basketball.
- Defensive Driving will be offered on two separate dates in October and November.
- We have a CPR certification program too.
- Coming soon - Holiday bus trip to Radio City Music Hall.

While you are waiting for registration to open, be sure to click on over to the online portal and make sure your household user account is active. Or, if you don't have a user account yet, set one up, and you will be all set for registration day. You must have a household user account in order to register for programs, and all household/family members who will be participating in programs must be registered in the account.

[Click here for the link to the online portal.](#)

Free Adult Drop-in Programs

While you are visiting the portal, be sure to have a look at the adult drop in programs that are happening at the Recreation Center and the Peconic Lane Community Center. There's Ping Pong, Billiards, American Mah Jongg, Canasta, Duplicate Bridge, Chair Volleyball, Painting, and more!!

[Free Adult Drop-ins](#)





Donate to our School Supply Drive

The Southold Town Recreation Department and the Youth Bureau have joined forces for a school supply drive to help students succeed with the tools they need in the classroom. There are several drop off locations in Town buildings, and partnering businesses.

Donations are accepted through August 25th at the following locations:

- *Southold Recreation Center: 970 Peconic Lane, Peconic*
- *Southold Town Hall: 53095 Route 25, Southold*
- *Senior Center/HRC: 750 Pacific Street, Mattituck*
- *Southold Fish Market: 64755 Route 25, Southold*
- *Lucharitos: 119 Main Street, Greenport*
- *Peconic Lane Community Center: 1170 Peconic Lane, Peconic*

For more information, contact Tracey Moloney:

631-765-8251

traceym@southoldtownny.gov

Register for all programs at [this link](#)

[Register Here](#)

Southold Town Recreation Department

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